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Awaken The Inner Shaman

Featuring potent practices drawn from Dr. Stevens' book Awaken the Inner Shaman, this audio combines indigenous wisdom, insights from cutting-edge science, and the power of direct oral transmission to bring you: Techniques and insights to help you kindle the Inner Shaman within you - an inexhaustible resource of energy and joy

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7 Signs Your Inner Shaman is Awakening

Deanna is thrilled to be teaching Awaken the Shamen. As a teacher, Deanna will meet you where you are and gently and skillfully bring you into deeper connection with your natural intuitive skills and abilities.

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José is the cofounder of the Power Path School of Shamanism and the author of 18 books and ebooks, including his latest book with Sounds True, Awaken the Inner Shaman: A Guide to the Power Path of the Heart. In this episode, Tami speaks with José about what the Inner Shaman is and how we can access it through practice and surrender.

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Awaken the Inner Shaman

José Luis Stevens calls this the Inner Shaman—the part of you that connects directly to the true source of the universe. “The shamans of every tradition know that the physical world we can see and touch is a mere shadow of the true spirit world,” writes Dr. Stevens. With *Awaken the Inner Shaman*, he presents a direct and practical guide for opening our eyes to the greater wisdom and knowing within—and stepping into the power and responsibility we possess to shape and serve our world.

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Whether a beginner or an advanced student of shamanism or spirituality, *Awaken the Inner Shaman* offers easy-to-follow exercises and practices that will deepen your sense of who you are and awaken your inner spirit longing to be set free.

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The result is equanimity, or inner peace. When our inner peace depends upon good things happening to us, we are at the mercy of others and of external circumstances. How busy you are depends on your schedule, and how happy you are on how others treat you. When you stop taking life personally, you become self-referencing.

The Shaman's Tools For Finding Inner Peace - Awaken Awaken the Inner Shaman ... Harriet Goudard

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