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## **The Art Of Shaolin Kung**

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Grandmaster, is a complete and comprehensive introduction to Kung Fu and all other aspects of ancient Shaolin wisdom. You will learn the ancient art of the Shaolin monks from the famous Shaolin monastery.

## **The Art of Shaolin Kung Fu: The Secrets of Kung Fu for ...**

Shaolin Kung Fu, also

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called Shaolin Wushu or Shaolin quan, is one of the oldest, largest, and most famous styles of wushu or kung fu. It combines Ch'an philosophy and martial arts and originated and was developed in the Shaolin temple in Henan province, China during its 1500-year history. Popular sayings in Chinese folklore related to this practice include "All martial arts under

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heaven originated from Shaolin" and "Shaolin kung fu is the best under heaven," indicating the influence of Shaolin

## **Shaolin Kung Fu - Wikipedia**

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## **The Art of Shaolin Kung Fu - Tuttle Publishing**

The Art of Shaolin Kung Fu is a seminal guide which will be

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invaluable to everyone interested in martial arts, meditation, stress management, healing and spiritual development. Secrets of Phoenix Eye Fist Kung Fu

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Shaolin Kung Fu, like all of the kung fu styles, is primarily a striking style of martial



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art that utilizes kicks, blocks, and punches to stop attackers. One thing that is pervasive in kung fu is the sheer beauty of the forms they practice, as well as the mixture of open and closed hand, strikes to defend against attackers.

## **Key Facts About the Shaolin Kung Fu Style**

Also known as Shaolin Wushu, Shaolin Kung

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Fu is one of the oldest institutions of Chinese martial arts, with its origins in the legendary Shaolin Temple at Henan, China and a history that spans over 1,500 years. While China went through great change and upheaval, the Shaolin Temple still stands today as a timeless monument upon a mountain.

**Shaolin Kung Fu -**  
*Page 10/22*

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## **History, Philosophy, Training, and ...**

The Shaolin Club has been established for the purpose of bringing this great Chinese martial arts into the 21st Century.

□□□□□□□□ ...

## **Shaolin Club - The Art of Shaolin Kung Fu**

The Art of Shaolin Kung Fu is a seminal guide which will be invaluable to everyone

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interested in martial arts, meditation, stress management, healing and spiritual development. Wong Kiew Kit has practised and taught Shaolin kung fu, chi kung and meditation for more than 30 years and has over 2,000 students.

## **The Art Of Shaolin Kung Fu: The Secrets of Kung Fu for ...**

Shaolin Chin Na: The

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## **Seizing Art of Kung-Fu**

As I was watching a very cheesy martial arts movie, a question come to mind. What's under the umbrella of Shaolin Kung Fu? I know that there's the 5 animals; Dragon, Crane, Snake, Tiger and Leopard. Are other forms of Kung Fu such as Northern Praying Mantis (which I studied for a little bit) and Wing Chun for example

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derived off of any of ...

## **Shaolin Kung Fu : martialarts**

Shaolin Kung Fu can  
mena all martial arts  
that have come out of  
the Shaolin temple  
over the past few  
centuries. Styles like  
Wing Chun, Hung Gar,  
and Choy Lee Fut all  
trace their origins to  
the famed temple.  
Kung fu practitioners  
are truly limitless in  
how much they can

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Kung Fu  
achieve.

**Shaolin Kung Fu  
Classes | Las Vegas  
Kung Fu Academy**

The Shaolin Kung Fu  
Guan is one of  
Australia's leading  
authorities on Chinese  
Martial Arts and is the  
official representatives  
of the world famous  
Shaolin Temple here in  
Australia. It is the  
home of Queensland's  
1st and only World  
Champions.



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## **Shaolin Kung Fu Guan - Home**

Shaolin Kungfu Zwolle  
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met Wu Bu Quan van  
het Shaolin Kung Fu  
Shaolin Kungfu Zwolle  
"The Way of Shaolin"  
Website: <http://www.kungfu-zwolle.nl> Tel ...

## **Shaolin Kung Fu Zwolle | Wu Bu Quan | Douwe ter Horst**

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Shaolin - Masters of  
The Deadly Art of Kung  
Fu. Shaolin Kung Fu , is

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among the oldest institutionalized styles of Chinese martial arts. Known in Chinese as Shaolinqun (Chinese...

## **Best Documentary - Shaolin - Masters of The Deadly Art of Kung Fu**

The origins of Shaolin Wugulun Kung Fu date back to the sixth century. The school is now one of only a few places left where you can learn traditional

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Shaolin kung fu.  
Shaolin ChanWuYi and  
Wugulun Heritage The  
origins of Shaolin  
Wugulun Kung Fu date  
back to the sixth  
century.

## **The Origins of Shaolin Wugulun Kung Fu - StudyMartialArts.Org**

Providing a history of  
the Shaolin Kung Fu art  
form as well as an  
examination of the

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incredible physical prowess required, this film features footage of some of the most skilled Shaolin monks ...

## **Myths and Logic of Shaolin Kung Fu (2001) - Movie | Moviefone**

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martial arts training  
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